

GUEST : Lena LINDAHL (Sustainable Sweden Association in Japan)

COORDINATOR : Kenichiro IKI (Eco-tourism producer)

ITINERARY for January

Day 1	29-Jan Tue	8:00 14:30 15:30 17:30 18:30 20:00	<p>Meet at JR Shinjuku station (west exit)</p> <p>Meet at Shirakawa-Mura Bus Stop (for local participants)</p> <p>arrive at TOYOTA Shiwakawa-Go Eco-Institute</p> <p>【Welcome programme】</p> <p>Orientation for staying at Shirakawa-Go, usage for Snow-shoe, <i>Kanjiki</i>, etc.</p> <p>Freetime</p> <p>Dinner - French half course</p> <p>enjoy fresh fish and seafood from sea of Japan,</p> <p>【Night hike in snow】</p> <p>Interpreter will take you to unimaginable world.</p> <p style="text-align: right;">: Stay at TOYOTA Shiwakawa-Go Eco-Institute</p>
Day 2	30-Jan Wed	9:30 12:00 14:00 16:00 19:00 21:00	<p>Breakfast, check out</p> <p>【Snow trekking】</p> <p>Trekking in snowfield with interpretation</p> <p>Lunch in snow</p> <p>Walk around Shirakawa-Go</p> <p>【Mochi-tsuki – making rice-cake】</p> <p>Experience mochi-tsuki in traditional-style.</p> <p>Visit to Gassho style houses</p> <p>Story telling on local legend</p> <p style="text-align: right;">: Stay at Gassho style inn</p>
Day 3	31-Jan Thu	9:00 12:00 18:00	<p>Breakfast(Japanese style)</p> <p>【Straw work】</p> <p>Tought by old people in village</p> <p>Lunch & departure</p> <p>Arrival at JR Shinjuku station</p>

ITINERARY for February

Day 1	22-Feb Fri	8:00 14:30 15:30 17:30 18:30 20:00	Meet at JR Shinjuku station (west exit) Meet at Shirakawa-Mura Bus Stop (for local participants) arrive at TOYOTA Shiwakawa-Go Eco-Institute 【Welcome programme】 Orientation for staying at Shirakawa-Go, usage for Snow-shoe, <i>Kanjiki</i> , etc. Freetime Dinner - French half course enjoy fresh fish and seafood from sea of Japan, 【Night hike in snow】 Interpreter will take you to unimaginable world. : Stay at TOYOTA Shiwakawa-Go Eco-Institute
Day 2	23-Feb Sat	9:30 12:00 14:00 16:00 17:00 18:00 21:00	Breakfast, check out 【Snow trekking】 Trekking in snowfield with interpretation Lunch in snow Walk around Shirakawa-Go To Hirase area Dinner at inn 【Fireworks】 Story telling on local legend : Stay at Japanese style inn
Day 3	24-Feb Sun	9:00 12:00 18:00	Breakfast(Japanese style) 【making Miso】 Tought by old people in village Lunch & departure Arrival at JR Shinjuku station